

Peanut Butter Banana Bread Recipe

Ingredients:

Dry:

- 1 and 1/2 cup whole wheat pastry flour
- 3/4 cup oats
- 1/2 cup brown sugar
- 1/4 cup finely ground flaxseed
- 1 Tbsp. baking powder
- 1 tsp. cinnamon

Wet:

- 1 and 1/4 cup milk
- 1/3 cup creamy peanut butter
- 1 egg
- 2 large, very ripe bananas, mashed
- 1 tsp. vanilla extract



Instructions:

Preheat oven to 350.

In two separate bowls, mix dry, then wet, and then combine, adding wet to dry and stirring gently until all ingredients are mixed well.

Pour mixture into a non-stick or cooking sprayed bread/loaf pan.

Bake 1 hour — do a fork check near the end to test done-ness. Enjoy!

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